



National Hispanic Health Foundation

CA Leadership Fellowship Program

Class of 2023

History of the National Hispanic Health Foundation

The National Hispanic Health Foundation (NHHF) (501c3) was established in 1994 in Washington, DC as the philanthropic arm of the NHMA. The mission is to support educational and research activities to improve the health of Hispanics. In 2005, NHHF became affiliated with and located at the Robert F. Wagner Graduate School of Public Service, New York University. In 2012, NHHF moved to the New York Academy of Medicine to build its community-based research and started submitting research grants. In 2020, due to COVID-19, NHHF moved to the NHMA DC Office.

In 2004, NHHF established the National Hispanic Health Professional Student Scholarship Program for medical, nursing, dental, public health, and policy students with outstanding academic records, leadership, and commitment to serving Hispanics. The following year, we invited the National Association of Hispanic Nurses, Hispanic Dental Association, Latino Caucus of American Public Health Association, the NYU-Wagner Graduate School of Public Service and an honorary committee of NY elected officials, to present our first ten scholarships. In 2007, NHHF started a partnership with the United Health Foundation, and in 2008, a second annual Gala in California. In 2005, NHHF established its Corporate Advisory Board to provide guidance for growth. In 2011, NHHF partnered with the W.K. Kellogg Foundation to develop a 5 year project, “Hispanic Early Childhood Obesity Physician Leadership and Health Communications Project” that resulted in strategies with NY and CA leaders.

NHHF has been supported by the Josiah Macy Jr. Foundation to convene national summits to create policy to improve diversity in the health workforce:

A) “Increasing Diversity in Title VII Summit, 2009”: 25 African American and Hispanic and other medical experts met on improving diversity in medical education.

B) “The President’s STEM Initiative Expansion to Health Professions and Diversity, Summit, 2013”: 30 leaders met with White House, Congressional Hispanic Caucus, Department of Education, HRSA, NIH, National Sciences Foundation, Institute of Medicine, on expanding STEM for recruitment of K-12 & college underrepresented students to health professions and developing private/public partnerships for health professions programs.

This project resulted in legislation introduced by bipartisan support in the House and Senate to create a prehealth terminal degree pathway for Hispanic Serving Institutions.

C) “Diversity in the Research Workforce, 2015” with the National Institute of Minority Health and Health Disparities, National Medical Association, Association of American Indian Physicians, and the National Council of Asian American and Pacific Islander Physicians and 50 leaders.

D) Medical Spanish Summit, 2018 with linguistic and medical school faculty that met again in 2020.

Since 2017, NHHF has started:

A) NHHF Clinical Trials Projects – targeted at physicians in private practice with large Hispanic patient panels to recruit physicians to participate in research including the All of Us Research Program and NHHF Research Network – in development with support from PCORI grants.

B) National Hispanic Pharmacists Association (nhmafoundation.org/nhpa) with CVS Health, Walmart, PhRMA.

C) Stop Vaping Campaign x 2 years supported by Aetna Foundation- CVS Health.

D) Health Literacy and Clinical Practice Project x 3 years supported by Centene Corporation.

E) Vaccination Confidence among Latino Communities supported by Rockefeller Foundation.

F) Skin Scholarship for Latino Dermatology residents and PA students supported by Lubriderm.

NHHF started its Annual Donor Campaign for an Endowment for its Scholarship Program and this year, we launch the National Center for Hispanic Health Research to build the recruitment and mentoring of Hispanic physicians for health services research and clinical trials. We are seeking physician researchers to work with us.

For more information: www.NHMAFoundation.org

Core Faculty of NHHF Leadership Fellowship Program



Elena Rios, MD, MSPH, MACP
President & CEO
National Hispanic Medical Association



Jo Ivey Boufford, MD
Clinical Professor of Global Health
NYU School of Global Public Health

Policy Coaches



Connie Calderón-Jensen, MD
Associate Director
UCSF Latinx Center of Excellence

Erica Lubliner, MD
Physician/Psychiatrist
UCLA Health

Leadership Fellowship Class of 2023 Orientation Workshop Agenda

NHMA 26th Annual Conference
Hyatt Regency Hotel, Chicago, IL
New Orleans Room

Thursday, April 27, 2023 from 9:00 AM - 5:00 PM

8:30 - 9:00
AM

Breakfast & Registration

9:00 - 10:00
AM

Welcome Class of 2023 Fellows - Introduction to Leadership Fellowship & NHMA

Dr. Elena Rios, MD, MSPH, MACP
President & CEO
National Hispanic Medical Association

Jason Hernandez
Program Manager
National Hispanic Medical Association

10:00 - 11:00
AM

NHMA Leadership Fellowship Alumni Roundtable

NHMA Leadership Alumni

11:00 - 12:00
PM

Minority Health Priorities

Mildred Hunter, MPH
Regional Minority Health Analyst
Office of Regional Health Operations
Office of the Assistant Secretary for Health
US Department of Health and Human Services, Region 5



National Hispanic Health Foundation

Leadership Fellowship Class of 2023 Orientation

Workshop Agenda

NHMA 26th Annual Conference
Hyatt Regency Hotel, Chicago, IL
New Orleans Room

Thursday, April 27, 2023 from 9:00 AM - 5:00 PM

12:00 - 1:00
PM

Lunch Break

1:00 - 2:00
PM

History of Minority Health and U.S Congress Policy Making

Elena Rios, MD, MSPH, MACP

CEO & President

National Hispanic Medical Association

Art Motta

Director of Government Affairs & Public Policy

National Hispanic Medical Association

2:00 - 3:00
PM

How Federal Health Policy is Made at the U.S Department of Health and Human Services

Luis Padilla MD, FAAFP

Associate Administrator for Health Workforce

Director of the National Health Service Corps

Health Resources and Services Administration

U.S Department of Health Human Services

3:00 - 5:00
PM

Reflecting on Leadership

Jo Ivey Boufford, MD

Clinical Professor of Global Health

NYU School of Global Public Health



National Hispanic Health Foundation

NHHF CLASS OF 2023 LEADERSHIP FELLOWS

Dear NHHF Leadership
Fellows

Congratulations! On behalf of the National Hispanic Health Foundation (NHHF), we are pleased to have you in our 2023 Leadership Fellowship Program. Your outstanding accomplishments and proven dedication to the Hispanic community have been recognized and we look forward to working with you.

Sincerely,



Elena Rios, MD, MSPH, MACP
President and CEO
National Hispanic Health Foundation



National Hispanic Health Foundation

CA Leadership Fellowship Program

Class of 2023



Ilan Shapiro, MD, MBA, FAAP, FACHE

Chief Health Correspondent and
Medical Affairs Officer, Faculty Member
AltaMed Health Services

California Health Care Foundation CHCF
Health Care Leadership Fellowship
California Health Care Foundation Apprenticeship

Los Angeles, CA

Dr. Shapiro's passion has always been to convert health information into action, improving the wellbeing of our communities. Born and raised in Mexico City, Dr. Shapiro had the honor of being the liaison between Mexico and the World Health Organization. This was the moment that proved to him that healthcare systems need to be connected with the most important aspect: the community.

Trained and practiced as a Pediatric Resident at Mount Sinai Children's Hospital in Chicago; a spokesperson for the American Academy of Pediatrics, and actively involved were the reality of Social Determinants of Health and education meet with all ages and stages in life.

Currently, Dr. Shapiro is actively involved in creating Binational Public Health Programs to reach Hispanic communities on both sides of the border. He was invited to become a part of The White House Hispanic Policy Group and participated in advocacy groups like Sargent Shriver's Center, as well as becoming a spokesperson for the American Academy of Pediatrics and winner of the highest Mexican federal award for community that help Mexican abroad: The Othli.

Since 2009, Dr. Shapiro has been regularly appearing on several national and international outlets (such as CNN, NBC, Telemundo, Univision, EstrellaTV and radio) to share information about emerging healthcare topics; translating "Medicalish" to an understandable language for all ages and stages in a human life.

Dr. Shapiro is a believer that the intersection between health and technology can be efficient, affordable and can bring better health outcomes for our community; he has had the pleasure of being a part of HoyHealth, Solera Network, MeHealth, and other technology based initiatives.

Following my pediatric and public health passion, I practiced as a pediatrician in Florida, which led me to AltaMed, one of the largest FQHC in the US as the Chief Health Correspondent and Medical Affairs Officer for AltaMed with a great dynamic team serving over almost 400k patients.

Dr. Shapiro is an energetic physician that creates solutions for his Community.





Jorge L. Alvarado, MD, FACOG

Assistant Professor of Obstetrics,
Gynecology, and Reproductive Sciences,
Associate Residency Program Director

University of California San Diego Health

Contract Physician

Planned Parenthood of the Pacific Southwest

San Diego, CA

Dr. Jorge L. Alvarado is an Assistant Clinical Professor at the University of California San Diego in the Department of Obstetrics, Gynecology, and Reproductive Sciences. He received his medical degree from UT Southwestern Medical Center in Dallas and completed his Obstetrics and Gynecology residency at UC San Francisco.

Dr. Alvarado joined UCSD in 2018 with the goal to expand access to safe reproductive care for underserved Latinx communities and vulnerable populations. He is a full-scope obstetrician/gynecologist who provides prenatal, labor and delivery, and postpartum care as well as comprehensive gynecological care. Through his work at UCSD and as a contract physician for Planned Parenthood, he proudly provides comprehensive family planning services including complex contraception and abortion care to the dynamic bicultural and binational border community of Southern California. He also has expertise in providing gender-affirming care to transgender and nonbinary patients.

His passion for medical education led him to be selected as one of the current Associate Residency Program Directors for the Ob/Gyn residency at UCSD. Through this role, he champions the residency program's missions in clinical education, surgical training, and career mentoring for the Ob/Gyn residents. For his dedication to teaching and modeling compassionate care for the residents, he has been awarded the Whitehill Prize for Excellence in Teaching twice. Through his leadership in resident education, he aims to help residents become culturally competent providers that are sensitive to the care of our Latinx patients.

Outside of work, Dr. Alvarado enjoys concerts, traveling, and cooking with his partner.





Linda Mirdamadi, MD

Adjunct Clinical Faculty Executive Board
of Directors

Keck School of Medicine of USC

Board of Governors

University of Southern California

Los Angeles, CA

Dr. Mirdamadi is an Internist with over 20 years of clinical and executive leadership experience with expertise in Lifestyle and Bariatric Medicine with a focus on wellness, obesity and chronic disease prevention. She is the former Chief Wellness Officer and Medical Director for the Center for Healthy Living and Weight Management and is the co-founder of the Bariatric program at Kaiser Permanente in West Los Angeles.

Currently, Dr. Mirdamadi serves as adjunct clinical faculty at the Keck School of Medicine of USC, serves on the Executive Board of Directors for the Keck School of Medicine, chairs the Alumni Mentorship Committee, and is the Alumni Faculty Advisor for the Latino Medical Student Association.

She also serves on the USC Board of Governors, volunteers her time with the USC Latino Alumni Association, and is on the Board of Directors for A Thousand Joys, a Los Angeles based non-profit that promotes and supports the well-being of our communities through education and empowerment. She is a fierce advocate for social justice and health equity and believes with increased access to health care, education, and developing public policies to support these goals, we can create a healthier nation for all.

Dr. Mirdamadi received her B.S. in Biology from the University of California Irvine and earned her MD at the Keck School of Medicine of USC as a Latino Alumni Association Scholar. She completed her residency in Internal Medicine and currently lives in Los Angeles where she maintains a part time clinical practice in Bariatric and Lifestyle Medicine.



Margarita Loeza, MD, MPH

Associate Dean, Student Affairs and Admissions
Charles R Drew University (CDU) College of Medicine

Physician Consultant
Santa Monica Malibu Unified School District

Medical Advisory Committee
Homeboy Industries

Vice President and Founding Member
MiMentor, Alliance in Mentorship

Los Angeles, CA

Margarita Loeza, MD MPH is a graduate of the University of California, School of Medicine at San Diego and attended Occidental College. Dr. Loeza trained at the San Bernardino County Hospital in the department of Family Medicine. During residency, she was Associate Chief Resident. After residency, she returned to the Venice Family Clinic, a Federally Qualified Health Center, where she and her family were once patients to volunteer. In 2001, Dr. Loeza started as a staff physician at the Venice Family Clinic and is currently the Chief Medical Information Officer at VFC.

She was the physician consultant for Santa Monica Malibu Unified School District where she had a school-based teen clinic at Santa Monica High School. For ten years, she has served as faculty advisor for UCLA Flying Samaritans who run a monthly clinic in Tijuana. Dr. Loeza helps deliver free health care along with other medical volunteers to a small community.

Because she is a social justice proponent, Dr. Loeza volunteers at Homeboy Industries monthly, performing laser tattoo removal on former gang members. She is a mentor to medical and pre-health students. She is also the vice president and co-founder of Alliance in Mentorship and MiMentor to inspire young first-generation students to study medicine. Dr. Loeza is also on the Executive Board of Latino Physicians of California.

Dr. Loeza is the daughter of Mexican immigrants, first in her family to attend college. Currently Dr. Loeza is Associate Dean of Student Affairs and Admissions for Charles R Drew New 4-year MD program.



Michelle M. Cabrera, MD, FACOG

Lead Physician

UCLA Health Obstetrics & Gynecology

Committee Member

*Perinatal Patient Safety Team and Huntington
Hospital's Birth Equity*

Pasadena, CA

JDr. Michelle M. Cabrera is the Lead Physician at UCLA Health Pasadena Obstetrics and Gynecology Practice. She received her bachelor of science degree from the University of Massachusetts Amherst with a major in Biology and a minor in Psychology. She is originally from the DC metropolitan area and is a proud graduate of the University of Maryland School of Medicine. She completed her residency in obstetrics and gynecology at Winnie Palmer Hospital for Women and Babies in Orlando, Florida. In her final year, she served as the academic chief resident.

Since graduating from residency in 2010 she has worked in private practice, a federally qualified community health center, a rural community practice and as an inaugural ob/gyn hospitalist in settings across the country. She now calls Southern California home. These rich experiences have allowed her to gain a greater perspective on the difficulties with access to health care that many of her patients face. She enjoys partnering with her patients to provide individualized and comprehensive culturally competent care at every stage of life. Dr. Cabrera is fluent in Spanish and French.

Dr. Cabrera was recently named DEI Physician Champion at Huntington Hospital, an affiliate of Cedars Sinai in Pasadena, California. She is a member of the Perinatal Patient Safety Team as well as Huntington Hospital's Birth Equity Committee. Dr. Cabrera is a fellow of the American College of Obstetrics and Gynecology. She is a member of the American Society for Colposcopy and Cervical Pathology and the National Hispanic Medical Association.



Rebecca Rivera, MD, FACOG

Program Director and Chief
Minimally Invasive Gynecology
Resident Mentor
Kern Medical Center

Bakersfield, CA

Dr. Rivera's life mission has been to close the gap in health care disparities. As an obstetrician and gynecologist, she has been drawn to various facets of women's health. Her passion includes teen pregnancy, cervical cancer, diabetes in pregnancy, and physician wellness.

As a nontraditional student, her path to medicine began as a surgical technician. Growing up in south central Los Angeles, Dr. Rivera was keenly aware of health disparities, educational and social inequalities. Her parents lacked a formal education, yet they instilled in her the importance of education. Motivated to succeed, Dr. Rivera earned a Bachelor of Science and Medical Degree from UCLA. She completed her Ob/Gyn residency at Kern Medical.

Dr. Rivera established a private practice in Kern County and encouraged her staff to seek higher education. Her employees thrived and became physicians, nurses, nurse practitioners, and small business owners.

Dr. Rivera transitioned into academic medicine and is currently the Program Director and Chief of Minimally Invasive Gynecology. She is able to share her knowledge, surgical expertise, and clinical skills with the next generation of physicians.

Dr. Rivera enjoys leadership roles and actively participates in community events such as Cervical Cancer Prevention, and Teen Pregnancy Prevention. She was also a member of the Kern County Hispanic Chamber of Commerce. Her experiences enabled her to develop strong leadership skills.

In an effort to advocate substantive change, Dr. Rivera joined *Hispanas Organized for Political Equality*, a statewide leadership program for professional Latinas, where she can collaborate with like-minded women who share the same passion for women's health.





Shelley Aggarwal, MD, MS

Medical Director

*Santa Clara County Juvenile Facilities Medical
Center*

Santa Clara County Valley Medical Center

Assistant Clinical Professor,
Affiliated

Stanford University School of Medicine

Division of Adolescent Medicine

Santa Clara, CA

Shelley Aggarwal MD, MS is a board-certified Pediatrician and Adolescent Medicine Sub-Specialist. She is committed to health-promoting and culturally aligned medical care that supports youth and families. She provides care for teens and young adults and consults on a variety of youth-specific health issues including adolescent development. Shelley immigrated to the United States with her parents and older sister at a young age. Her parents remained committed to their East Indian heritage which inspired a rich and complicated multicultural experience, particularly as it relates to standards of what is “normal” and “acceptable.” These experiences and years of medical training have led to broadening the conversation about what it means to be “healthy” and deprogramming messages around “good” and “bad” bodies. She is a passionate advocate for weight inclusive healthcare models.

As an adolescent health expert, she has spoken to small groups of teens and parents, authored books as well as academic articles and textbook chapters, and has presented at national and international conferences on scholarly topics. She has provided on-the-ground care with local and international non-profits and has interned with agencies such as the World Health Organization. Shelley continues to be teaching faculty with institutions such as Stanford and UCSF and is actively mentoring pediatric residents and medical students. Currently, she is the Medical Director of clinics serving justice involved youth in Santa Clara County and working on improving transitions of care.