



Cancer & Obesity in Hispanic Communities in the United States

Hispanic/Latino people are the 2nd largest racial/ethnic group in the United States, making up almost 20% of the total US population.

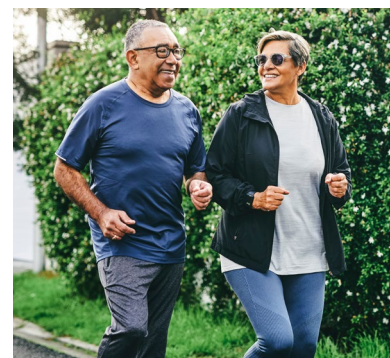


Cancer Burden Among Hispanic People in the US

- Cancer is a major health concern in this community. More than >175,000 Hispanic men and women are diagnosed with cancer each year.
- Hispanic/Latino people are less likely to be diagnosed with cancer at an early stage when cancers are easier to treat.
- Cancer is a leading cause of death for Hispanic people in the U.S. (>45,000 deaths per year).

Obesity: an Opportunity for Cancer Prevention

- More than 45% of Hispanic adolescents and 80% of Hispanic adults are overweight or obese.
- Among established risk factors for cancer, excess body weight is second only to tobacco in terms of the number of cancer cases that can be attributed to it.
- There is strong evidence that reducing obesity rates would have a measurable impact on preventing cancer and extending life after a diagnosis.



Policy Opportunities to Make an Impact

- Neighborhood design, access to healthy, affordable foods, and convenient and safe places for physical activity can impact obesity and, in turn, cancer risk and mortality.
- Racial and ethnic disparities in obesity underscore the need to address social determinants of health such as poverty, education, and housing to remove barriers to health.
- Sustained funding for research is essential to make needed progress in prevention, early detection, intervention, and effective treatments of both obesity and cancer.